

## HOPE

Hope is the only thing stronger than fear

Hope is being able to see that there is light despite all of the darkness.

Desmond Tutu

What is Hope?
Why is it important?
What do you hope for?

Hope

### The Parable of the Sower

# Where do we see HOPE in this story? Who is hopeful?

https://youtu.be/IZEO\_Ls2ERs





### Time to Sing!

https://www.bbc.co.uk/teach/school-radio/primary-school-songs-hes-got-the-whole-world/zj2nhbk



#### Time for Reflection

Dear God,

Thank you for the gift of hope that shines even in the darkest of times.

We are sorry for the times that we have lost faith and hope in you.

At this moment, in the world, in this country, maybe even in this there are people that are suffering emotionally and physically. We ask that you please offer them your gift of hope and let them feel that your love is with them always and that we are sending our love to them.

Please help us to feel hopeful in all that we do, even when things are very challenging. Help us also to help others to be hopeful and to lift them up when they are feeling lost.

We ask all this in Jesus' name, Amen

