



your tango

YOU'LL NEVER KNOW HOW
STRONG YOUR HEART IS
UNTIL YOU LEARN TO
FORGIVE WHO BROKE IT.

ANONYMOUS

FORGIVENESS

What is forgiveness?

Why is this sometimes the hardest of the Christian values?

**“The weak can never
forgive. Forgiveness is
the attribute of the
strong.”**

MAHATMA GANDHI

Forgiveness can be very hard.

It means completely letting go of the anger that we may have had towards another person which can be difficult. BUT, the bible says this:

“Love prospers when a fault is forgiven, but dwelling on it separates close friends.” (PROVERBS)

Talk about this – what is the bible trying to teach us here?



Explorers and Voyagers, skip this slide.

Discoverers and Adventurers, listen to the story below. Who do you think was wrong in the story?

Would you have forgiven Fred? Why?

Do you think Brother would have found it hard to forgive him? Why?

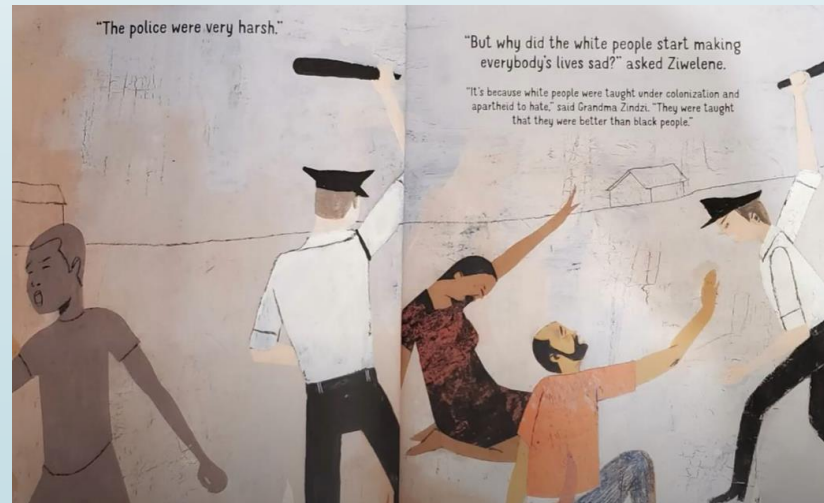
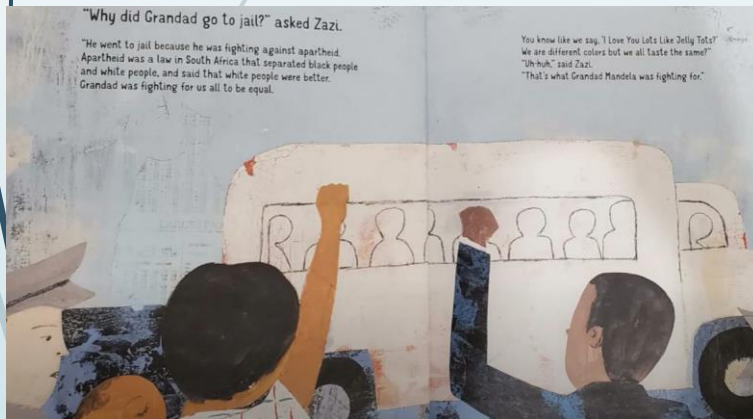
<https://www.youtube.com/watch?v=Gg5XrNfXx-M>



Discoverers and Adventurers skip this slide.

Voyagers and Explorers, listen to the following story 'Grandad Mandela'. Think about who had to show forgiveness in this story. Discuss: Could I have been strong enough to forgive if I was in the same position as 'Grandad Mandela'?

<https://www.youtube.com/watch?v=Hdajv5xBN1Q>





Which one of our Key Christian Values do you think is most closely linked to Forgiveness? Why?

Forgiveness is important, otherwise we carry around our anger like a weight and it makes us sad and angry. By learning to let go of these feelings we can forgive and be happier people. Try to remember this if someone upsets you this week. Try to find a way to forgive them. If you think you might have upset someone, try to remember how hard it is to forgive people and help them by saying sorry.

Now it is time to sing!

<https://www.bbc.co.uk/teach/school-radio/primary-school-songs-assembly-collective-worship-being-a-friend/z8vmwnb>



Being a friend



Time for Reflection

Dear Lord,

We are sorry for the times that we have held onto anger and resentment towards others. We are especially sorry for the times that we have acted on this anger and said hurtful things or acted poorly.

Please help us to be strong enough to forgive those who hurt us and to let go of feelings that may hurt us or those around us.

We ask this in Jesus' name,
Amen

