

Subject on a Page for PE



Why you teach it - your purpose of study

At Audlem, we believe that physical activity has a positive and direct impact on physical & mental well-being, health and happiness. In line with the National Curriculum, it is our intent to provide children with 2 hours of high-quality PE tuition every week. This is typically broken down into sessions that develop physical literacy skills and then a sports session to develop and embed the skills taught. We believe that this approach allows children to develop physical, cognitive, social and collaborative skills.

DESIGN

What you teach - your programme(s) of study

At Audlem St James C of E Primary School the curriculum is designed to: recognise children's prior learning, provide first hand learning experiences, allow the children to develop interpersonal skills, build resilience and become creative, critical thinkers. As well as this we aim to foster confidence, independence, cooperation and self-esteem; all skills needed to prepare our children for life in 21st Century Britain.

Every child is recognised as a unique individual. The ability to learn is underpinned by the teaching of basic skills, knowledge, concepts and values with a vision to prepare them for life beyond primary school. We constantly provide enrichment opportunities to engage learning.

The innovative practice offered at Audlem St James C of E Primary School provides a strong foundation for learning and creates opportunities for children to work in teams and develop social skills both indoors and out. In this way it can be seen to impact in a very positive way on pupils' outcomes. Enjoyment of the curriculum promotes achievement, confidence, and excellent behaviour where children feel safe to try out new experiences. We promote positive attitudes to learning which reflect the values and skills needed to promote responsibility for learning and future success.

Sport has a high profile at Audlem, and pupils are introduced to a huge variety of activities to promote physical and wellbeing. A range of clubs gives learners an opportunity to access a wide variety of activities after school hours. Traditional sports such as netball and football are complemented by yoga, tag rugby, dance and gymnastics. Giving sports a focus across Audlem which has engaged many children including those with SEND.

DELIVERY

How you teach it - your delivery of the above

- PE at Audlem St James C of E Primary School provides challenging and enjoyable learning through a range of sporting activities including invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering sporting disciplines and skills every half term. In addition, children are encouraged to participate in the varied range of extra- curricular activities.
- Children are invited to attend competitive sporting events within the local area ran and organised by the CNSSP. This is an inclusive approach which endeavors to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each Autumn a small group of Year 6 children are invited to become Sports Leaders for the school trained by the CNSSP staff. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Every other year the children participate in a multiple night residential where they will complete a number of adventures activities to develop their team building mentality.
- Every other year the children participate in a multiple night, topic based, residential where they will develop a deeper understand of their current topic through visit to museums and educational venues.
- During the Autumn term, Year 3 and 4 children will take part in swimming lesson, which will be held at Nantwich Swimming pool. If children are unable to swim by year 6, during the summer term, they will participate in a 'top up swim' over a 2-week period. This will be located at Nantwich Swimming Pool Brine Pool

ACHIEVEMENT

So what - your evaluations of the above

- High quality, consistent and well-resourced PE sessions delivered by highly-competent staff and sports-specialists.
- A whole-school data set that evolves termly to identify key trends, needs and progression
- Increased confidence of children when attempting sporting competition (both internally and externally)
- Improved 'active culture' across school
- Increased participation in Level 2 competition
- Improved Physical Literacy scores for the vast majority of children across school.
- Delivery of a multi-faceted PE curriculum ensuring all children have the opportunity to excel

On the scale below rate where you believe this subject currently stands in terms of your overall curriculum offer:

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Developing	Secure		Embedded

^{*} Please ensure you have compared this against judgements from other subjects and that your Headteacher agrees with your judgement.

Previous Improvement Actions and Impact

- To complete CPD to enable staff to deliver an effective fitness session as part of all PE sessions.
- To improve the physical literacy of pupils by the end of the year
- To embed a love of fitness by utilising the new fitness equipment installed on site.
- To carry out public 'Active Audlem' sessions once per month
- To ensure a range of extracurricular activities linked to PE and outdoor learning are accessible to all children.
- All clubs will be monitored to ensure vulnerable groups are engaged in physical activity.
- To increase the sports offering at school by utilising a specialist dance instructor for one half term per class (Yr1-6)
- To increase child's activity levels through communal exercise in line with the national obesity strategy via bi weekly Active Audlem.
- To target groups of children (vulnerable) who would benefit from extra PE sessions with interval training after school clubs.
- Identified children who are unable to access extra-curricular activities will be invited to staff led physical activities.
- To re-introduce the Inter-house school competition in include 6 term-time events in addition to Sports Day
- To return to representation at Level 2 school games competitions in KS2 and KS1
- To enhance staff CPD by formally observing PE sessions of all teachers following joint coaching sessions with SCNW coaching staff.
- To liaise with SCNW Coaching staff to produce a detailed 'Event planner' to cover the year and arrange lunch time sporting clubs as necessary.
- To run a special themed 'Healthy schools' week in Summer term to promote healthy lifestyles.
- To ensure that all of our children meet the swimming standards set out in the curriculum
- To utilise outside agencies to enhance children's skills and CPD for staff
 - To ensure that PE Sport Premium funding is utilised

Current Improvement Actions

- To continue CPD with Mike Benthan to enable staff to deliver an effective fitness session as part of all PE sessions.
- To improve the physical literacy of pupils by the end of the year by completing 1 hour 30 minutes of PE per week.
- To ensure a range of extracurricular activities linked to PE and outdoor learning are accessible to all children.
- To increase extra-curricular activities across all key stages.
- All clubs will be monitored to ensure vulnerable groups are engaged in physical activity.
- To increase the amount out dance and gymnastics offered across the curriculum.
- To target groups of children (vulnerable) who would benefit from extra PE sessions with interval training after school clubs.
- Identified children who are unable to access extracurricular activities will be invited to staff led physical activities.
- To re-introduce the Interhouse school competition in include 6 term-time events in addition to Sports Day
- To return to representation at Level 2 school games competitions in KS2 and KS1
- To run a special themed 'Healthy schools' week in Summer term to promote healthy lifestyles.
- To ensure that all of our children meet the swimming standards set out in the curriculum
- To utilise outside agencies to enhance children's skills and CPD for staff.
- To implement Opal Play across the school in a 3 stage play.

Future Improvement Actions

Funding 2023-2024:

- Amaven £2000
- Class-Teacher CPD £3000
- P.E Equipment (focus on replenishment & expansion of indoor equipment) - £2000
- Expansion of KS1-specific exercise equipment £4000
- Athletics equipment (focus on field events) - £4000
- Transportation costs £1100
- Healthy Week £600
- Sports Visitors £1100

Funding 2024-2025:

- Mike Benthan £6000
- Opla Play £5000
- P.E Equipment (focus on replenishment & expansion of indoor equipment) - £2000
- Expansion of KS1-specific exercise equipment £4000
- Athletics equipment (focus on field events) - £4000
- Transportation costs £1100
- Healthy Week £600
- Sports Visitors £1100

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effectively, inline with our	
outline planned and that impact	
is demonstrable	
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^{*} The table above should list the actions you have taken, or plan to take, to develop the subject further i.e. a summary of your action plan.