

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve
Fresh, local, honest food.

Our food is free from *undesirable trans fats, sweeteners
and additives*

Our food is freshly prepared on site by professional staff
who care about quality and ingredients

We support local wherever possible...our meat comes from
*Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of
Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake
oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Spring / Summer 2022

At: **Audlem St James Primary**

April 2022						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2022						
M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 2022						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2022						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2022						
M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2022						
M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						





Spring/ Summer Menu 2022

Week 1

Week 2

MONDAY

Cheesy Pasta (v)	Filled Jacket Potato	Tuna Sandwich	Fresh Fruit or Organic Yogurt
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TUESDAY

Katsu Chicken Curry with Savoury Rice	Homemade Vegetable Nuggets with Savoury Rice	Ham Sandwich	Crumbly Banana Square
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WEDNESDAY

Beef Spaghetti Bolognese Garlic Bread	Cheesy Potato Tortilla (v)	Turkey Sandwich	Pear & Choc Crumble with Ice Cream
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THURSDAY

Chicken & Sweetcorn Pasta Bake	Homemade Pizza	Cheese Sandwich	Chocolate Crunch with Fruit Chunk
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FRIDAY

Butchers/ Quorn Sausage All Day Breakfast	Battered Fish with Chips & Beans or Peas	Egg Sandwich	Ice Cream with Summer Fruit Coulis
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MONDAY

Organic Beef Burger in a Bun	Lean & Green Mac & Cheese (v)	Tuna Sandwich	Melting Moment with Fruit Chunk
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TUESDAY

Sweet & Sour Chicken with Rice or Noodles	Mini Omelette Popovers with Salad Potatoes (v)	Ham Sandwich	Summer Fruit Flapjack
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WEDNESDAY

Roast Gammon, Pots, Vegetables & Gravy	Quorn Fillet or Vegan Sausage Dinner (v)	Roast Gammon Bap	Chocolate & Mandarin Puddle Pudding
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THURSDAY

Pork & Sweet Potato Pie	Vegetarian Sausage Roll with Herby Pots (v)	Cheese Sandwich	Frozen Yogurt Ice Cream
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FRIDAY

BBQ Chicken in a Soft Tortilla Boat	Fish/ Salmon Fish Fingers with Chips & Beans or Peas	Egg Sandwich	Lemon Bite Biscuit or Organic Yogurt
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