PSHE curriculum 'Let Your Light Shine'



Year group 6	My Happy Mind	Other coverage	
Autumn I	Meet your Brain	Media literacy and digital resilience pupils will learn - L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information. L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation.	
Autumn 2	Celebrate	Keeping safe pupils will learn - H44. how to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say. H45. that female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk.	
Spring I	Appreciate	Relationships – families and close positive relationships pupils will learn - R2. that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them; that gender identity and sexual orientation are different.	

		R4. that forcing anyone to marry against their will is a crime; that help and support is available to people who are worried about this for themselves or others. Mental Health
Spring 2	Relate	pupils will learn - change and loss, including death, and how these can affect feelings; ways of expressing and managing grief and bereavement.
Summer I	Engage	Ourselves – growing and changing pupils will learn H32. about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene. H33. about the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made); how babies need to be cared for). H34. about where to get more information, help and advice about growing and changing, especially about puberty. H35. about the new opportunities and responsibilities that increasing independence may bring.
Summer 2	Relationships – lessons 4, 5, 6	