

# PSHE curriculum

## 'Let Your Light Shine'

Matthew 5:16



Year group 2	My Happy Mind	Other coverage
<p><b>Autumn 1</b></p>	<p>Meet your Brain</p>	<p><b>Healthy Lifestyles</b>  <b>Pupils will learn -</b>                      H5. simple hygiene routines that can stop germs from spreading.                      H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy.                      H8. how to keep safe in the sun and protect skin from sun damage.                      H10. about the people who help us to stay physically healthy.</p>
<p><b>Autumn 2</b></p>	<p>Celebrate</p>	<p><b>Keeping safe</b>  <b>pupils will learn -</b>                      H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters).                      H31. that household products (including medicines) can be harmful if not used correctly.                      H36. how to get help in an emergency (how to dial 999 and what to say).</p>

<p><b>Spring 1</b></p>	<p>Appreciate</p>	<p><b>Drugs, alcohol and tobacco</b>  <b>Pupils will learn –</b>  H37. about things that people can put into their body or on their skin; how these can affect how people feel.  <b>Shared responsibilities</b>  <b>Pupils will learn –</b>  L2. how people and other living things have different needs; about the responsibilities of caring for them.  L3. about things they can do to help look after their environment.</p>
<p><b>Spring 2</b></p>	<p>Relate</p>	<p><b>Media literacy and digital resilience</b>  <b>pupils will learn -</b>  L7. about how the internet and digital devices can be used safely to find things out and to communicate with others.  L8. about the role of the internet in everyday life.  L9. that not all information seen online is true.</p>
<p><b>Summer 1</b></p>	<p>Engage</p>	<p><b>Economic Well-being: Money</b>  <b>pupils will learn</b>  L10. what money is; forms that money comes in; that money comes from different sources.  L11. that people make different choices about how to save and spend money.  L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want.  L13. that money needs to be looked after; different ways of doing this.</p>

<b>Summer 2</b>	Relationships – lesson 3 and 4	<b>Mental Health</b> <b>pupils will learn -</b> Changes and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better. <b>Ourselves growing and changing</b> <b>pupils will learn</b> H25. to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles). H27. about preparing to move to a new class/year group.
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